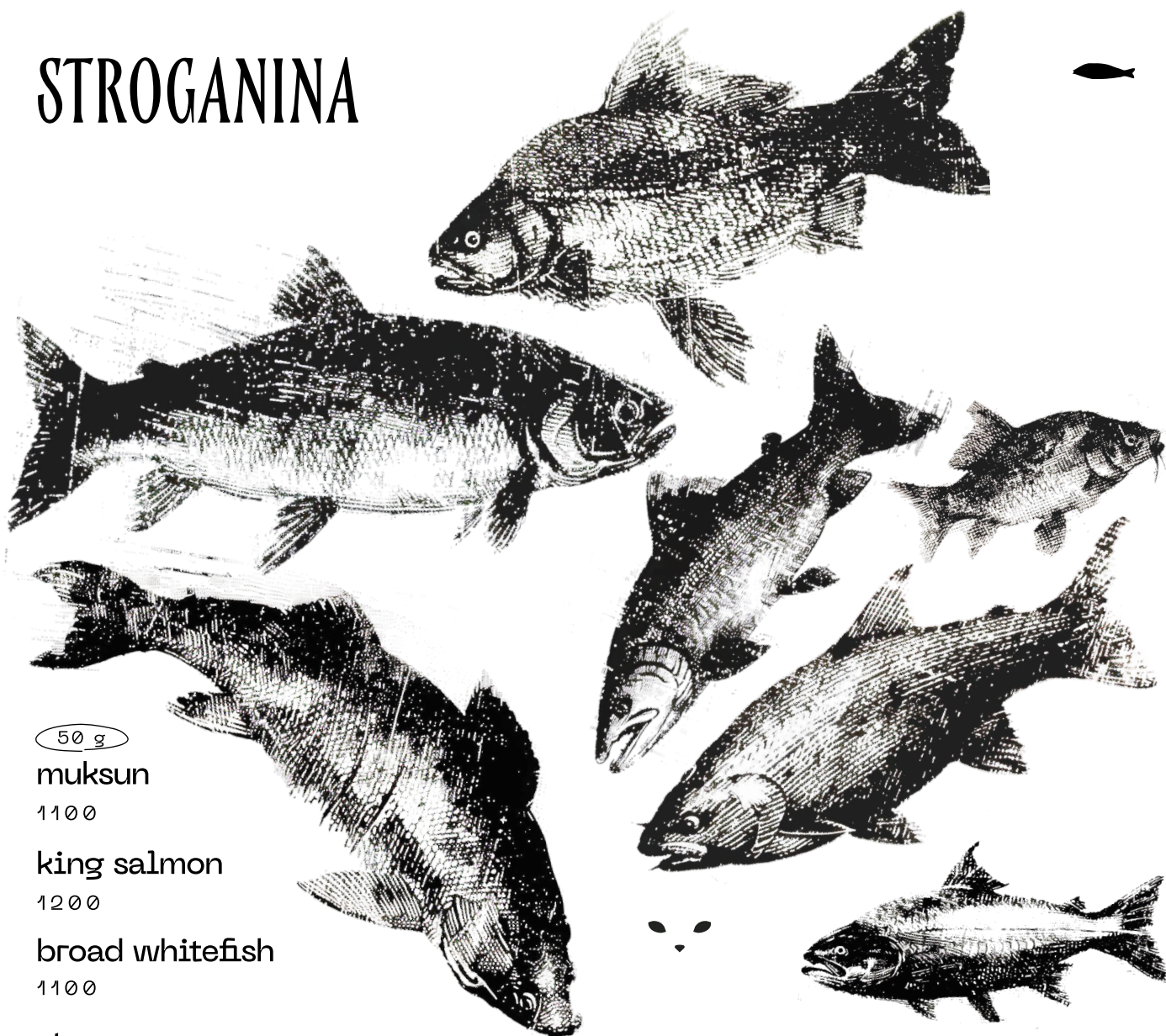


MANUL CUISINE IS A DISTINCTIVE BLEND OF LOCAL GASTRONOMIC TRADITIONS,
SHOWCASING PRODUCTS SOURCED FROM NEARBY FARMERS, HUNTERS AND
FISHERMEN. WE HAVE SELECTED THE BEST TO RECREATE THE TASTE OF A SIBERIAN
FEAST WITHOUT LEAVING MOSCOW



DOWNLOAD WALLET CARD

STROGANINA



50 g

muksun

1100

king salmon

1200

broad whitefish

1100

sturgeon

1600

nelma

2200

moose meat

900

foal meat

1100

100 g

**four fish
assortment**

nelma, king salmon,
broad whitefish, muksun

2700

150 g

**large assortment
of stroganina**

nelma, king salmon, muksun,
broad whitefish, moose meat,
foal meat

3500



COLD APPETIZERS



duck liver pâté with rhubarb and gooseberries	900
eggplant spread	1500
honey tomatoes	900
fresh vegetables salad	900
green salad with pine shoots	1200
vitello tonatto siberian style	1500
indigirka whitefish	1700
moose meat tartare with rye chips and black caviar	3200
jet-black venison	1100
siberian fish paté	2600
chavycha sugudai	1800
sugudai made of muksun fish	2400
white milk mushrooms with onion and sour cream	900
sea urchin with black garlic and egg yolk (1pc)	800
pink jolie oyster (1pc)	1100
oysters served with lemon and birch kvass dressing	

PICKLES



100 G

sauerkraut with apples, lightly salted cucumbers, wild garlic, cucumbers in apple brine, pickled tomatoes, barrel-aged tomatoes, soaked apples, soaked lingonberries	400
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DELICACIES

fish lard		800	
wild boar lard		900	
black caviar platter		27000	
sosva herring	on onion bread	1000	
siberian meat set	wild boar coppa, cured venison, smoked duck	1800	
set of northern fish	nelma, chavycha, muksun, tugunok	5700	
black caviar	red caviar	pike caviar	whitefish caviar
sturgeon	chavycha		
18000	6000	5000	4000

(100 g) caviar with yakut tortillas, sibulet onion, sour cream and yolk cream



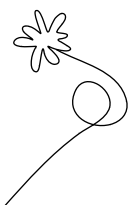
HOT APPETIZERS

mini potatoes baked in the fire	900
huuzurs pies with chopped lamb	800
crispy morels with potato foam	1600
yakutian crucian caviar doughnut	1200
pie with stewed beef cheek	600
pie with cabbage from the old believers	500
pastry with yakut onion and egg	500
fish pie with caviar and wild herb sauce	1800



FLATBREADS FROM THE OVEN

flatbread with duck, apples, and turnip	1900
flatbread with fresh peas and cheese cream	1400
flatbread with northern mushrooms and sour cream	1600
flatbread filled with slow-cooked lamb	1900



SOUPS

alexandrian long boiled cabbage soup	1400
fish soup on smoked northern fish broth	1100
goose borscht	1500
soup with northern mushrooms	1700
kefir-based okroshka with mustard & ramsons ice cream	1100
birch kvass okroshka with horseradish & sour cream ice cream	1100



PELMENI

 siberian	beef, lamb, goose and venison	1300
arctic delicacy filling	nelma, chavycha & pike caviar	1800
buuzy	chopped ovur lamb	1400
kazy belmene	altai meal with minced horse meat	1400



MANUL

HOT MEALS

sturgeon cabbage rolls with black caviar and sour cream foam	5700
foal meat with stewed onions and kumys sauce	5900
<u>100 g</u> khakassian lamb leg	1900
stewed beef cheeks with mashed potatoes	1600
fillet of chavycha with pine nut porridge	2900
beef cutlet with green buckwheat porridge	1800
venison tenderloin with roasted beets and lingonberry jus	3300
wild boar rib roast	2900
khakas lamb loin with asparagus and raita sauce	3800
nelma baked in sour cream with seasonal greens	5700
quail with potatoes, mushrooms, and plum sauce	3300
<u>100 g</u> whole sturgeon with root vegetables, baked with an oak broom and lemon grass sauce	1600



GRILL

marrow bones	1300
served with yakut flatbreads, siberian salad, and sauces	
khakass lamb rack <u>100 g</u>	2300
north reindeer tenderloin	2700
game cutlet	1900
northern fish patty	1300
sogozha lamb liver in mesh fat	1100
fillet of muksun	1400
chavycha steak	2900
rib eye of khakass beef <u>100 g</u>	1800
filet mignon from khakass beef <u>100 g</u>	2100
dry-aged ribeye steak <u>100 g</u>	3700
fillet of sturgeon <u>100 g</u>	2300



SAUCES



for meat – bacon and whiskey, bison grass demi-glace
with kvass, pepper–mushroom au ju

for game — lingonberry sauce

for fish – hay and raclette, lemongrass sauce

GARNISHES



mashed potatoes	800
green garnish	1200
stewed green buckwheat	800
cedar porridge	950
charred tomato	800
ramiro pepper	700
grilled green asparagus	1600
slow-cooked onions with onion foam	800
potatoes with mushrooms	1100

HOMEMADE BREAD



rye bread with cranberries and smoked pear	1000
yakut flatbreads	400
whole grain with fenugreek and onion	800
cereal with mushrooms	800

DESSERTS

MANUL	1500
spruce granita with apple and yogurt	900
cloudberry cake	1000
altai honey cake with hay ice cream	1100
taiga dessert	900
pine nuts, lingonberries, pine syrup	
candy platter	800
sorrel and apple candy, birch sap marmalade, bird cherry truffle	
buckwheat ice cream sandwich with dulce de leche	400
icecream	400
sour cream and hay currant leaves bread-chocolate	
sorbet	400
sea buckthorn-ginger forest berries apple-elderberry	
lemon-schisandra taiga herbal remedy peach-jasmine	
berry plate	4500

SPECIAL TEAS

suttug shay	milk, green tea, salt	800
sayan	berries and currant leaf	800
barberry	red berries, barberry, mountain cold	800

CLASSIC TEAS

dian hong jin hao	600
assam	600
earl gray	600
tieguanyin	600
nai xiang jin xuan	600
moli xiu tu	600
ginseng oolong	600
7-year pu-erh tea	600
lapsang souchong	600

TISANES

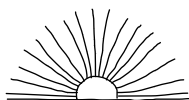
ivan tea	600
taiga herbs	600
"naughty fruit"	600
chamomile	600
matcha	600

LEMONADES

blueberry—angelica	700
aloe—basil	700
watermelon—plum	700
gooseberry—rhubarb	700
barberry	700
spruce	700

COFFEE

espresso	350
americano	350
cappuccino	500
flat white	500
latte	500
espresso-tonic	750
vegetarian milk	200
coconut	
almond	



MANUL

BEVERAGES

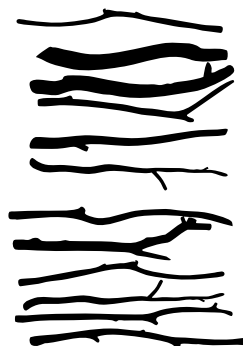
coca—cola	250 ml			500
coca—cola zero	250 ml			500
tonics	200 ml			600
classic ginger herbal				
juices	200 ml			500
orange apple cherry tomato				
kvass	500 ml	1000 ml	800	1500
pine cone nettle raisin				
mors		1000 ml		1800
cranberry—lingonberry				

WATER

still	legend of baikal	330 ml	750 ml	600	850
	nedra	0	750 ml		950
sparkling	borjomi	500 ml		700	
	legend of baikal sparkling	330 ml	750 ml	600	850
	nedra sparkling		750 ml		950



PHOTO MENU AT THE LINK



MADE IN SOVA