

## LUNCH 1

### SALAD

Vegetable salad

Panzanella with tuna

Couscous with vegetables

### SOUP

Borsch

Chicken Stracciatella (Egg Drop Soup)

Pumpkin soup

### MAINS

Fried cod fish and mashed peas

Stuffed chicken leg

Meatballs and mashed potato

## LUNCH 2

### SALAD

Vegetable salad

Chicken Caesar

Baked beetroot and feta

## SOUP

Borsch

Minestrone

Cod chowder

## MAIN

Meatballs and mashed potato

Chicken fillet and rice

Cod fish and stewed beans

## LUNCH 3

## SALAD

Vegetable salad

Chicken, celery and tarragon

Spinach salad

## SOUP

Sorrel soup

Moroccan tomato soup

Borsch

## MAINS

Chopped cutlet and mashed potato

1/2 Cornish chicken and baked potato

Fish curry rice

### LUNCH 3

#### SALAD

Vegetable salad

Carrot salad with feta

Roast beef salad

#### SOUP

Ginger carrot

Chicken soup

Borsch

#### MAINS

Beef Stroganoff

1/2 Cornish chicken and baked potato

Fried mackerel

